



## A Retreat for All Liturgical Ministers

*There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit.*  
1 Corinthians 12:4-7

It is not sufficient, however, simply to have a “warm body” filling a given role. **Those engaged in liturgical roles need to be well prepared for those roles** and to know how to carry them out with reverence, dignity, and understanding.  
2010, United States Conference of Catholic Bishops

### **Announcing the Gospel with our Lives: A Day of Recollection for All Liturgical Ministers**

In the words of Dan Schutte’s *Gather the People*, “**Here we become what we eat.**” In David Haas’ Table Song, “**We are the body of Christ, broken and poured out, promise of life from death.**” In John Foley’s One Bread, One Body, “**And we, though many throughout the earth, we are one body in this one Lord.**” From Michael Guimont’s *Serving You*,  
**“In a spirit of joy and praise, we serve each other now at the table of the Lord.”**



Music expresses what words cannot, drawing us more deeply into our faith journey. The components of our lives – family, work, ministry, exercise – all vie for our time and attention, and when they are out of balance, we are less effective. So, too, our faith lives. The best ministers take time for their own self-care, and this day of recollection provides time for reflection, prayer, sharing, food, and fellowship, with plenty of inspiration along the way!

**Liturgical ministers care for so many – yet who tends to their needs?**

**Content can be customized to meet your organization’s specific needs.**

**For more information, contact Bob or Mary:**

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## What is Sustaining the Journey?



Mary Hrich

*Sustaining the Journey*, a retreat series endorsed by both the National Association of Pastoral Musicians and the American Guild of Organists, is an opportunity for all Liturgical Ministers to experience **renewal** and **refreshment**. With a combined 70+ years of liturgical ministry in the Diocese of Cleveland, presenters **Bob Soeder** and **Mary Hrich** bring with them a wealth of experience, knowledge, and music. Each retreat includes a light meal, time for fellowship and prayer, stories, singing, and a little learning along the way! Designed for **all Liturgical Ministers**, this *Sustaining the Journey* event will leave you with food for thought and a renewed enthusiasm for liturgical ministry.

**Come for the food – stay for the nourishment!**



## Why Sustaining the Journey?

No matter the faith tradition, Church Ministers - both volunteer and paid professionals - are the lifeblood of the church. They give countless hours of time serving others...but who takes care of their needs? We all need to nurture our spirits, and *Sustaining the Journey* nourishes body and soul!

*Sustaining the Journey* workshops provide an opportunity for Church Musicians and Ministers to enjoy an evening of renewal and refreshment. Join with others who are passionate about caring for others and sharing their faith. Recharge your batteries, let someone else do the planning for a change, and enjoy an evening of food, fellowship, music, and inspiration.

***Sustaining the Journey* will leave you with food for thought and a renewed enthusiasm for your ministry.**



Bob Soeder

[www.SustainingtheJourney.com](http://www.SustainingtheJourney.com)